

Fall Grief Trainings

Children and Grief 101

This is a two hour training designed to educate the general community and professionals on supporting children through the journey of grief.

Friday, October 8th

10:00 am to 12:00 pm

\$25 per person

Helping the Grieving Student

This is a two hour activity based training designed to educate and prepare school personnel who work with grieving children.

Thursday, October 28th

4:00 pm to 6:00 pm

\$25 per person



The Children's
Bereavement Center of South Texas
Linking hearts, mending spirits, transforming lives.

The Effects of Traumatizing Grief on the Mind and Body

This is a three hour training designed to educate mental health professionals on the effects of grief and helpful interventions for grieving clients.

Friday, November 12th

9:00 am to 12:00 pm

\$50 per person

Grief and the Holidays: Finding Comfort and Joy

A workshop designed to help those who are grieving to better understand the grief process, how it affects us during the holidays and how we can use this special time to continue to heal.

Saturday, November 6th

10:00 am to 12:00 pm

Free of Charge, Offered through Porter Loring Family Care Services

For more information please contact:

Tammy Cochran, M. Ed., LPC

(210) 736-4847 ext. 227

tcochran@cbcst.org

CEU's available for LPC, LMSW & chaplains. More info at www.cbcst.org